

Holistic Health Practitioner I

The Holistic Health Practitioner I program is an introductory class that covers the basic principles of holistic health care and that prepares the student to work as a holistic health care consultant.

HHP I covers holistic health care philosophy, clinical nutrition, and herbal medicine.

The HHP I, HHP II, III and may be taken and completed in any sequence.



Holistic Health Practitioner II and III

The Holistic Health Practitioner II and III programs are weekly courses that cover Chinese and Asian health care including; practical acupuncture, Chinese herbal medicine, acupressure, tuina, and shiatsu.

The Blue Heron Academy has been teaching Asian martial arts and health care practices for over 30 years.

Graduates of this course will be eligible to sit for the National Board Certification Agency Practical Acupuncture National Certification Exam.

Holistic Health Practitioner IV Naturopathic Medicine

Holistic health care is usually defined as body, mind, and spirit healing, and is a rapidly growing area of naturopathic natural health care practice. The naturopathic program involves hands on patient based training in the clinical practices of naturopathic medicine. In this part of the HHP four part holistic health program you working under direct supervision in the Academy patient clinic.

A holistic health practitioner helps others learn about and choose the foods and activities that work best for them and how to painlessly incorporate this knowledge into their existing lifestyle. Whether individuals are basically healthy and happy, or have serious health concerns, everyone can improve their condition and expand their understanding on stress management.

Upon completion of this program you will receive several certifications. Please contact your career advisor for more information.

